

# FIVE GUYS®

FAMOUS  
BURGERS and FRIES

## Basic Nutritional Statistics

Nutrition Facts	Serving Size	Calories		Calories from Fat		% Daily Value		Saturated Fat (g)		% Daily Value		Trans Fat (g)		Cholesterol (mg)		% Daily Value		Sodium (mg)		% Daily Value		Total Carbohydrate (g)		% Daily Value		Dietary Fiber (g)		% Daily Value		Sugars (g)		Protein (F=6-25)		Vitamin A (IU)		% Daily Value		Vitamin C (mg)		% Daily Value		Calcium (mg)		% Daily Value		Iron (mg)		% Daily Value					
		Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%										
Bread	77 g/1 bun	260	80	9	14%	3.5	18%	0	5	2%	330	14%	39	13%	2	8%	8	7	10	*	n/a	n/a	54	6%	1	6%																											
Hamburger Beef**	94 g /1 patty	280	170	19	29%	8	40%	1**	75	25%	100	4%	0	0%	n/a	n/a	n/a	26	n/a	n/a	n/a	n/a	20	*	2	15%																											
Hebrew National Hotdog	90 g / 1 hotdog	285	235	26	39%	12	60%	0	56	18%	800	33%	1	0%	0	0%	0	11	0	0%	0	0%	0	0%	1	6%																											
Kraft American Cheese***	19g /1 slice	70	50	6	9%	3.5	18%	0	20	7%	310	13%	<1	0%	0	0%	<1	4	n/a	4%	0	0%	100	10%	0	0%																											
Patrick Cudahy Bacon	14 g/ 2 slices	80	60	7	10%	3	14%	0	15	5%	260	11%	0	0%	0	0%	0	4	0	0%	0	0%	0	0%	0	0%																											
Five Guys Fries	122 g/ approx.half of regular order	310	130	15	23%	3	15%	0	n/a	n/a	45	2%	39	13%	3	12%	1	5	32	*	1	*	37	4%	1.5	8%																											
Sautéed Mushrooms	25 g	10	0	0	0%	0	0%	0	n/a	n/a	100	4%	1	0%	<1	0%	0	1	<1	*	0	0%	2	*	0	*																											
Green Peppers	25 g	5	0	0	0%	0	0%	0	0	0%	1	n/a	2	n/a	<1	n/a	<1	0	92	2%	20	n/a	2	*	0	0%																											
Onions	26 g	10	0	0	0%	0	0%	0	0	0%	1	n/a	3	n/a	<1	n/a	1	0	1	*	2	n/a	6	n/a	0	0%																											
Jalapenos	11 g	3	0	0	0%	0	0%	0	0	0%	184	7%	<1	n/a	0	n/a	0	0	187	4%	1	n/a	3	*	<1	0%																											
Lettuce	30 g	4	0	0	0%	0	0%	0	0	0%	3	n/a	1	n/a	<1	n/a	<1	0	151	3%	1	n/a	5	n/a	0	0%																											
Tomatoes	52g	9	0	0	0%	0	0%	0	0	0%	3	n/a	2	n/a	<1	n/a	2	<1	433	9%	6.6	n/a	5	n/a	n/a	n/a																											
Mayonnaise	14g	100	n/a	11	17%	2	10%	0	10	3%	75	3%	n/a	n/a	n/a	0%	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a																											
Ketchup	17g (1 tbsp.)	15	0	0	0%	0	0%	0	0	0%	190	8%	4	*	0	0%	4	0	n/a	4%	0	0%	0	0%	0	0%																											
A.1. Original Steak Sauce	17g (1 tbsp.)	15	0	0	0%	0	0%	0	0	0%	280	12%	3	*	0	0%	2	0	0	0%	0	0%	0	0%	0	0%																											
Cattlemen's BBQ Sauce	17g (1 tbsp.)	60	0	0	0%	0	0%	0	0	0%	400	17%	16	5%	0	0%	10	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a																											
French's Yellow Mustard	17g (1 tbsp.)	0	0	0	0%	0	0%	0	0	0%	55	2%	0	0%	0	0%	0	0	0	0%	0	0%	0	0%	0	0%																											
Frank's Original Hot Sauce	5g (1 tsp.)	0	0	0	0%	0	0%	0	0	0%	0	0%	0	0%	0	0%	0	0	0	0%	0	0%	0	0%	0	0%																											
Mt. Olive Special Sweet Green Relish	15 g	15	0	0	0%	0	0%	0	0	0%	85	4%	4	1%	0	0%	3	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a																											
Mt. Olive Fresh Kosher Dill Pickles	28g (approx. 6 chips)	5	0	0	0%	0	0%	0	0	0%	265	11%	1	0%	0	0%	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a																											

\* denotes less than 1% of daily value

\*\* According to the American Heart Association's website:trans fats found in ground beef are naturally occurring and can also be found in lamb,pork and the butterfat in butter and milk.

\*\*\* This information is subject to change without notification

updated: 6/11/07